

# SUN PROTECTION POLICY (February 2019)

## Policy statement

RMOP takes very seriously the health and safety of the children in its care. This policy aims to ensure that the children of the preschool are protected when playing out in the sun and to help educate the children in sun safety.

## Procedures

- During sunny and hot weather, RMOP staff will limit the time children spend in direct sunshine to protect them from sun burn or heat stroke.
- RMOP also requests that parents/carers ensure their child has sun lotion applied before arriving at the setting. We recommend a high factor lotion which is active for a minimum of 6 hours to ensure protection over our preschool day. We recommend that parents/carers check that the sun lotion used has 5 stars for UVA rating.
- Children who are at RMOP longer than 3 hours will be encouraged to self-apply sun lotion after this time. If the parent/carer has signed the consent form included in the registration pack and provided sun lotion with their child's name marked on it, RMOP staff will assist the child to reapply sun lotion if necessary. Staff will ensure the child's arms and legs, face, ears and neck are covered fully in the cream and will assist where required. Sun lotion will only be applied to the named child on the bottle which should be kept in their bag on their peg.
- RMOP has a small 'back up' supply of sun lotion stored on site however we recommend that parents/carers supply their own lotion to minimise the risk of their child having an adverse reaction. Parents/carers must complete the relevant part of the consent form to indicate if they agree to staff applying the preschool 'back up' lotion if deemed necessary.
- RMOP staff will check that every child, upon arrival at the setting, is adequately clothed in appropriate sunwear. This should include a suitable sun hat.
- RMOP staff will ensure that they model safe sun behaviour providing positive role models to all the children.
- In addition, during hot weather, RMOP staff will ensure there is always an adequate supply of fresh drinking water made readily available. They will make sure children know how to access it if they feel thirsty or hot.